## Green Chili Peppers

## **Nutrition Facts**

24 servings per container Servings size 1/2 cup (4g)

Amount per serving

Calories % Daily Value\*

<b>.</b>	
Total Fat Og	0%
Saturated Fat Og	0%
Trans Fat Og	
Cholesterol Omg	0%
Sodium Omg	0%
Total Carbohydrate 3g	1%
Dietary Fiber 1g	4%
Total Sugars 3g	
Includes Og Added Sugars	0%

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Protein 1g	
Vitamin D Omcg	0%
Calcium 10mg	0%
Iron 1mg	6%
Potassium 189mg	4%
Vitamin C 135mg	150%

<sup>\*</sup>The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** GREEN CHILI PEPPERS.

Washed, minced, and bursting with an authentic kick of spice. It's simply green chili peppers!

Spice up your chili

Bake into enchiladas

Stir into queso dip

However you want! Show us your creations at thrivelife.com/recipes

## CHEF BITES

Add 1 cup of water to 1 cup of peppers and let sit until tender. Or simply toss into any creation, and off you go!

## FOR THE LOVE OF FOOD

As the center of family gatherings, late-night talks, and your kitchen table, food brings us together. Freeze drying locks in nutrients and flavor so you can stop chasing expiration dates, and enjoy tasty food anytime you want.



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DRIED

**FREEZE VEGGIES** THRIVE LIFE Net Wt. 3.39 oz (0.21 lb) 96g

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Processed in a facility that handles milk, egg, soy, wheat, & coconut products. CAUTION: This product contains an oxygen absorber that is not intended for consumption. Please discard the packet upon opening can.